

February 28, 2020

Dear Lava Bear Football Player and Parents,

For the past thirteen years, the summer football camp has been the cornerstone to building our football team. This year we are going to the George Fox University Football Camp. We are going to George Fox to improve on the football field, but more importantly, we hope to go build a team. It is a great way to set into motion our 2020 football campaign. It is important for all to understand that our main goal is “Team” development. To develop a team, there are many elements that come to play. They include learning football technique, hard work, and building team experiences.

The head coach at George Fox, Chris Casey, is an excellent football coach with a high school background. He is excited to host the Lava Bears this year.

The camp cost is included in the registration packet. Athletes will be given a dorm room to reside in, a bathroom with showers on their floor, and a choice of meals. It will be a full contact camp, and athletes will be checked out gear in the spring.

The information for George Fox is in this mailing. The purpose of this letter is to let you know about the camp logistics, registration, and things to consider as your player prepares. Below is the info that will be helpful as we move toward camp week.

To go to a camp of this nature, we need to consider some **challenges**. There are **transportation, meals, housing, clothing, personal items, and recreational activities**. Outside of the camp fees, it costs an additional \$2000 or more to provide the experience. I am working to offset those costs.

1. **Transportation** – A bus will be provided by Bend Football at no cost to the player. Parents will not have to drive players to camp. Departure will be Saturday, June 13th at 7 am from BSH. We will return home around 6 pm on Tuesday, June 16th.
2. **Meals** – Provided by the camp except for lunch on the way to Newberg and lunch on the way home. Please bring a sack lunch for the trip over.
3. **Housing** – The players will live in the dorm rooms at GFU. They will need to bring a sleeping bag and pillow to use on the bed provided.
4. **Clothing/Personal Items** – They need to bring the FB gear that we check out to them, sweatshirts, pants, jeans, shorts, t-shirts, coats, lounge clothing, shoes, underwear, socks, spending money (approx.\$50), etc. for 4 days. They also need to bring a towel, shave-kit, soap, toothbrush and other toiletries. Honestly, they cannot bring enough socks with extra T-shirts and underwear.
5. **Registration, logistical items, general info.** – Enclosures with the letter.
 - a. A loose itinerary for the camp
 - b. A camp registration **\$225**
 - c. Please fill out the assumption of risk and medical form.
 - d. Camp Website – Type *Google Search*, then *George Fox Football Camp*

At this juncture, there are three things that need to be completed by April 30th.

1. Complete the George Fox Registration Form.
2. Bring a check for \$225 to the Bend High School Finance Office. Please make out the check to Bend Football.
3. Have your son bring the receipt, the medical form, and the release of risk form to Coach Gilsdorf.

I will then compile a list and send it along with all the proper paperwork to Chris Casey at George Fox by his timeline of April 30^h. As the weeks go by, I will have informative meetings with the team. I will also send any notices to you about upcoming items or information. Thanks for your support of our football program, your son, and this team in our pursuit of excellence. If you have any questions, please don't hesitate to call or e-mail me.

Sincerely,



Matt Craven
Head Football Coach
Wk # 541-355-3832
matt.craven@bend.k12.or.us



2020 BRUIN GRIDIRON TEAM CAMP

HOSTED BY GEORGE FOX UNIVERSITY

SESSION 1 | JUNE 13 - 16 & SESSION 2 | JUNE 19 - 22

GENERAL CAMP INFORMATION

The registration fee for a full package is **\$225 per person if your team includes 35+ campers.** **For teams with less than 35, the rate is \$230 per person.** This includes: camp, lodging, and meals. **The commuter rate is \$200.** Each team will be allowed to bring 5 coaches at no charge. After that, each additional coach will be charged \$130 to offset meal and housing costs. The team coach is responsible for registering the campers and coaches by sending applications and payments as a team as early as possible. **All forms and full payment must be received before June 1st**

Cancellations must be in writing (e-mail or letter) & received by the Bruin Gridiron deadline of June 7th or payment will be forfeited. A refund minus a \$35 administrative fee requires advance notification. **No refunds will be made for cancellation notice received after the deadlines, no shows, or campers dismissed from camp.**

Camp format allows teams to practice together, scrimmage other teams, develop position fundamentals, and compete in 7 on 7 and 1 on 1 OL/DL technique drills.

EXPECTED DAILY SCHEDULE

7:00 AM

Breakfast

8:30 AM

Practice
Scrimmage
Team Time

12:00 PM

Lunch

1:30 PM

Skill Development
w/ GFU Coaches
(Offense & Defense)

2:30 PM

7 on 7
1 on 1 Offense &
Defense Line

3:30 PM

Team Time

5:30 PM

Dinner

7:00 PM

Practice (Team)
Scrimmage

8:00 PM

Competition

10:00 PM

Camp Store
**Optional Christian
Fellowship And
Speaker**

NOT A DEFINITIVE SCHEDULE

WHAT TO BRING

All athletes will be provided a mattress but will be responsible for bringing items for overnight stay, including: pillow, sleeping bag/bedding, toiletries, towel, sunscreen, and clothing for non-practice time. Campers may consider bringing a fan, the dorms do not have AC. This is a full-gear camp, you must be completely outfitted to participate in any drill. Campers will also need to provide all necessary equipment for non-contact drills, including helmet, practice jersey, & cleats. Please leave all valuables at home. GFU is not responsible for damages or loss to personal property. Schools are responsible for bringing their own footballs, helmet kits, and athletic tape.

SUPERVISION

George Fox camp staff reserves the right to dismiss anyone who displays unacceptable behavior during the camp. There will be no refund for expulsion or voluntary withdrawal from the camp.

ARRIVAL AND DEPARTURE

Check-in time: June 13th/19th at 11 a.m. - 1 p.m. Check-in will take place at the Wheeler Sports Center. **The first meal provided by camp is 5:30 p.m. dinner on June 13th/19th.** **Check-out time: June 16th/22nd at 11:30 a.m.** All keys must be returned during check out approval by a staff member. There will be a \$35 fine for each lost key card, and \$50 for each room key assessed at checkout. **Camp concludes at 11 a.m. on June 16th/22nd**

INSURANCE

GFU Gridiron camp participants are required to provide a Health/Emergency Information Form and proof of their own medical insurance prior to their participation in camp. Campers will NOT be allowed to participate without properly completed forms. The athletic training staff will be on duty during sessions and on-call throughout the day. Certified athletic trainers will be present during the duration of the camp.



CAMP DIRECTORS

JOHN BATES & KEN INGRAM
503-554-2938 503-554-2940

FOR MORE INFORMATION
BRUINGRIDIRON@GMAIL.COM

WRITE TO: BRUIN GRIDIRON TEAM CAMP, GFU ATHLETIC
DEPARTMENT, GEORGE FOX UNIVERSITY
| 414 N. MERIDIAN ST | NEWBERG, OREGON 97132 |
503.554.2938



Campers Name _____ T-Shirt Size M L XL XXL
 Address _____ City _____ State _____ Zip _____
 School Name _____ Coaches Name _____ Grade in School Fall of 2019 _____
 Name of Mother or Guardian _____ Cell Phone _____
 Name of Father or Guardian _____ Cell Phone _____

Please list any restrictions and/or health problems we should be aware of _____

Email Address _____

Make Money Order & Checks out to
 Bruin Gridiron Team Camp -
 Bend Football
 Registration, Release Form, &
 payment to:

Bruin Gridiron Team Camp -
 414 North Meridian Street
 Newberg OR 97132 - Credit Card #
 Bend Finance Office
 Then turn in to Coach Gilsdorf

Expiration Date _____ CWV _____

Credit Card Zip Code _____

Bruin Gridiron Team Camp Consent and Release from Liability

Part 1. Participant Acknowledgement and Release (to be signed by participant).

I have read the eligibility rules to participate in athletics and know of no reason why I am not eligible to participate safely in athletic competition. I agree to follow the rules and to abide by the decisions of the camp leaders. I know that athletic participation is a privilege. I know of the risks involved in athletic participation, understand that serious injury, and even death, is possible in such participation, and chooses to accept such risks. I voluntarily accept any and all responsibility for my own safety and welfare while participating in athletics, with full understanding of the risks involved. Should I be 18 years of age or older, or should I be emancipated from my parent(s)/guardian(s), I release and hold harmless the camp, coaches, camp leaders, the school facilities in which it is being held, any contest officials, Bruin Gridiron Team Camp and George Fox University of any and all responsibility and liability for any injury or claim resulting from such participation and agree to take no legal action against Bruin Gridiron Team Camp and George Fox University because of any accident or mishap involving my participation. I further hereby authorize the use or disclosure of my individually identifiable health information should treatment for illness or injury become necessary. I understand that this authorization is voluntary and that I may revoke it at any time by submitting the revocation in writing to the camp leaders.

I HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE.

Date: _____ Signature of Student: _____

Name of Student (printed): _____

Part 2. Parental/Guardian Consent, Acknowledgement and Release (to be completed and signed by all parents/guardians; where divorced or separated, parents/guardian with legal custody must sign).

- A. I/we hereby give consent for child/ward to participate in Bruin Gridiron Team Camp.
- B. I/we consent and authorize the use or disclosure of my child's/ward's individually identifiable health information should treatment for illness or injury become necessary. I/we understand that this authorization is voluntary and that I/we may revoke it at any time by submitting the revocation in writing to the camp leaders.
- D. I/we know of and acknowledge that my child/ward knows of the risks involved in athletic participation, understands that serious injury, and even death, is possible in such participation and choose to accept any and all responsibility for his/her safety and welfare while participating in athletics.
- E. With full understanding of the risks involved, I/we release and hold harmless the camp, coaches, camp leaders, the school facilities in which it is being held, any contest officials, Bruin Gridiron Team Camp and George Fox University of any and all responsibility and liability for any injury or claim resulting from such athletic participation and agree to take no legal action against Bruin Gridiron Team Camp and George Fox University because of any accident or mishap involving the participation of my child/ward.
- F. I/we further authorize emergency medical treatment for my child/ward should the need arise for such treatment while my child/ward is under the supervision of the camp.
- G. I/we understand that Bruin Gridiron Team Camp and George Fox University REQUIRES that all participants maintain comprehensive medical insurance for student injuries and we have such coverage in place.
- H. Please check box: _____ My/our child/ward is covered under our family health insurance plan.

Health Plan/Insurance (i.e. Regence, Kaiser, Providence, etc.):	Group Number & Policy Number:
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I/WE HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE OF LIABILITY FOR BRUIN GRIDIRON AND GEORGE FOX UNIVERSITY FOR INJURY TO PARTICIPANTS.

Date: _____ Signature of Parent/Guardian: _____
 Name of Parent/Guardian (printed): _____

Suggested Travel List For GF Camp

- 1. Toiletries (includes towel, soap, shampoo, shower shoes)**
- 2. Lots of practice clothes (12 pairs of socks) You should change these for every practice.**
- 3. Sunscreen and hats**
- 4. Sleeping bag, pillow**
- 5. Fan suggested (it makes a difference)**
- 6. Spending money (\$30ish)**
- 7. Lunch for the trip down...money for lunch on the way back**
- 8. Any medications that pertain to you**
- 9. Athletic shoes**
- 10. If you have 2 pairs of football shoes...bring them both to prevent blisters**