

Bend Senior High  
an educational site of:  
Administrative School District #1  
520 N. W. Wall Street  
Bend, OR 97703

Non-Profit Organization  
U.S. Postage Paid  
PERMIT NO. 163  
Bend, OR 97703

**August 6 -9, 2018**  
**Bend Senior High**



# 2018 Air Bear Football Camp

## MEDICAL RELEASE

**Camper Name:**  
**Medical Insurance Company:**  
**Policy #:**

I hereby authorize my child's participation in the Air Bear Football Clinic. I know of no mental or physical problems that may affect my child's ability to safely participate, and the camp staff is authorized to attend to any health problem or injury that may occur while attending camp. I understand that my child must have current and active medical insurance before he can attend camp. Neither my child nor I will hold Bend High School nor any of the coaches or guest coaches liable for any injuries or expenses relating to injuries while my child is at camp.

Date

\_\_\_\_\_  
Signature of parent/guardian

**Dear Parent / Camper:**

For the summer, you can't beat the opportunity to participate in our football camp. Our camp staff will provide a positive experience in all aspects of the game of football. The camp facilities will be located on the campus at Bend High School

We are looking forward to working with your camper.

Sincerely,

Matt Craven  
Head Football Coach  
Bend High School  
matt.craven@bend.k12.or.us

**WHO IS ELIGIBLE?**

Anyone entering 4th grade up to the 12th grade. Participants will be grouped by age and skill level.

**SPECIAL BENEFITS:**

Each camper will receive quality instruction in the fundamentals of the game of football. Each camper will have an opportunity to work with one of the finest and innovative football staffs found in Oregon. In addition, each camper will receive camp gear listed below.

**Middle School**      Camp T-shirt

**High School**      Camp Spirit Pack

**Typical Daily Schedule**

**Middle School Camp**

9:00 a.m.    Cals/stretching  
9:10          Offensive indiv./group  
9:35          Defensive indiv./group  
9:55          Break/motivational talk  
10:10        Offensive/defensive teamwork  
10:30        7 vs 7  
11:00        Camp day concludes

**Senior High Camp**

5:00 p.m.    Cals/stretching  
5:15          Offensive indiv. work  
5:35          Offensive group work/team  
work  
6:15          Break  
6:20          Defensive indiv. work  
6:40          Defensive group work/team  
work  
7:20          Break  
7:25          Sprint training  
7:50          Motivational talk



**REGISTRATION FORM**

Make checks payable to:  
Bend High Football Improvement  
230 NE 6th Street  
Bend OR 97701

**Early registration must be in by August 1, 2018.**

**Medical Release must accompany registration**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

School: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Policy No. \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Home #: \_\_\_\_\_ Work #: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Position-Offense: \_\_\_\_\_

Position - Defense: \_\_\_\_\_

**Middle School Session**

Early Registration-Aug 1

**\$40.00**

Late Registration-Aug 2+

**\$50.00**

**High School Session**

Early Registration-Aug 1 **\$100**

Late Registration-Aug 2+ **\$110**